

Paula Meyer, Short Bio, 182 words

After becoming a widow at 54, Paula Meyer left her job and began a year of travel to heal her heart. As her travel ended, the Covid-19 pandemic began. The strategies for navigating the grief of her husband's death from throat cancer, also helped with the grief from the pandemic and social unrest.

Losing her freedom and lifestyle, she was thrown into the unknown just as her new business began. Her new book, *Great Loss, Greater Love: The Art & Heart of Navigating Grief*, chronicles her year of travel, and is a #1 International Bestseller on Amazon.

Paula has 30+ years' experience as an event planner and contracting specialist, with 12 years in author/speaker management. She has organized and managed more than 150 workshops around the world. Her company, GP Eventworx, specializes in event production for speaker/teacher workshops, as well as grief retreats for women.

She has traveled to 20 countries, some multiple times, and 40 US States. Her goal is to visit 30 countries and all 56 US States and territories by the time she turns 62.. Learn more at www.greatlossgreaterlove.com

Paula Meyer, Short Bio, 100 words

A young widow at 54, Paula Meyer left her job and began a year of travel to heal her heart. As her travel ended, the Covid-19 pandemic began. Losing her freedom and lifestyle, she was thrown into the unknown just as her business began. The strategies for navigating the grief of her husband's death, helped with the grief the pandemic brought.

Paula has 30+ years' experience as an event strategist, with 12 years in speaker management. She's managed 151 workshops around the world. Her company, GP Eventworx, specializes in event production for speakers, as well as grief retreats for women.